

Municipality of Middlesex Centre
RECREATION GUIDE
Winter-Spring 2025



ABOUT

Explore the diverse recreational opportunities in Middlesex Centre! From tranquil yoga and invigorating tai chi to exciting pickleball matches and engaging youth sports, our municipality offers programs to enrich your lifestyle year-round.

Whether you're a resident or visiting, discover Middlesex Centre's Winter-Spring 2025 recreation programs. Browse our guide, register online, and begin your journey to wellness, fun, and community connection today.

CONTACT US

Please take a moment to share your feedback on our current programs, suggest any new programs you'd like to see, and inform us if you require assistance with registration. Your thoughts and ideas are incredibly valuable to us!

Community Services Customer Service

519-601-8022 ext. 5110

General Program Inquiries:

recreation@middlesexcentre.ca

FOLLOW US ON SOCIAL MEDIA

Follow us on social media to keep up to date with upcoming program offerings and updates!



Instagram: @middlesexcentre



Facebook: @MiddlesexCentre



X: @MiddlesexCentre

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**middlesex
centre**

in the centre of it all

PROGRAM LOCATIONS

1. Bryanston Community Centre

15321 Plover Mills Rd
Ilderton ON NOM 2A0

2. Ilderton Community Centre

13168 Ilderton Rd
Ilderton ON NOM 2A0

3. Ilderton Arena

13168 Ilderton Rd
Ilderton ON NOM 2A0

4. Coldstream Community Centre

10227 Ilderton Rd
Ilderton ON NOM 2A0

5. Komoka Community Centre

133 Queen St
Komoka ON NOL 1R0

6. Komoka Wellness & Recreation Centre

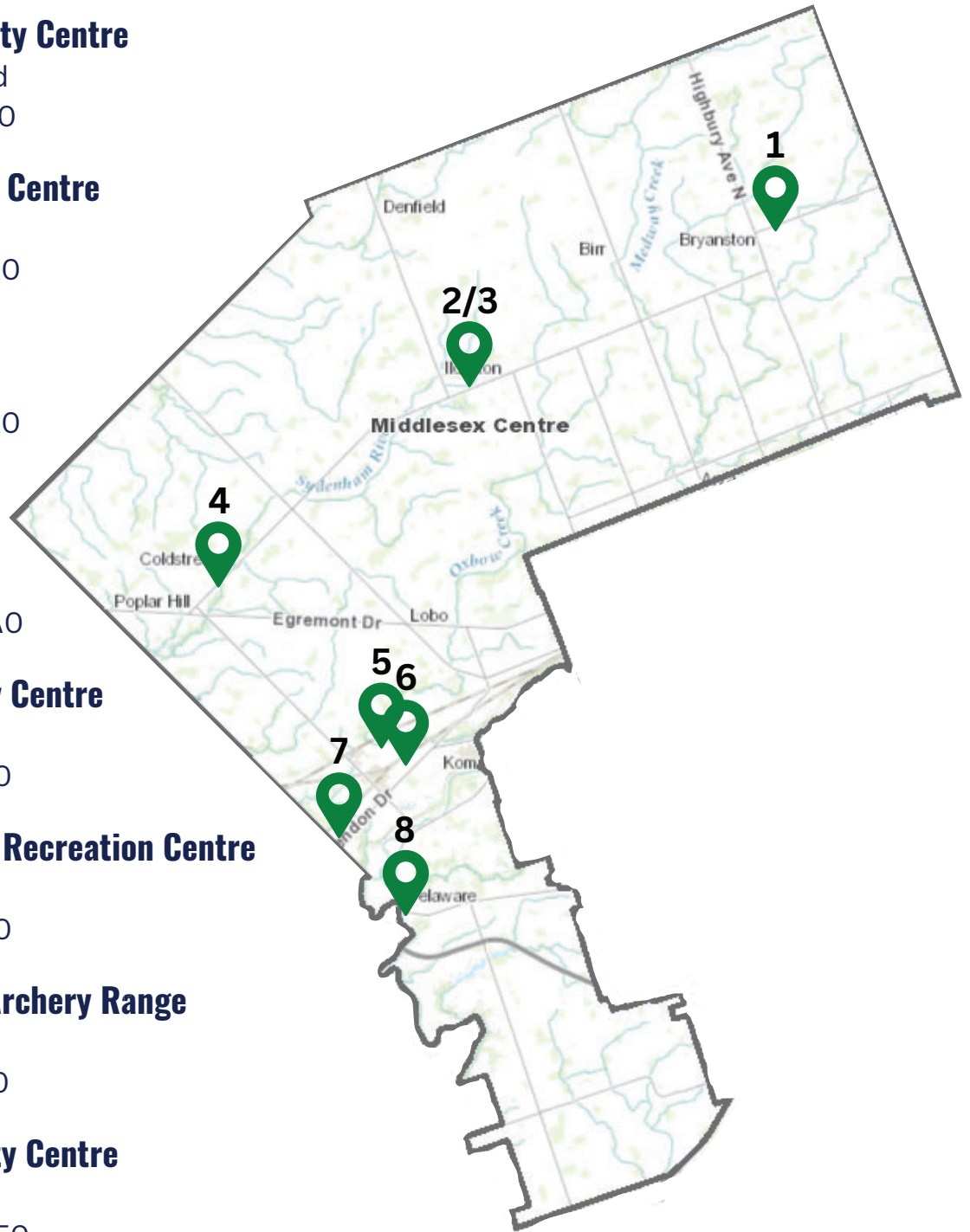
1 Tunks Ln
Komoka ON NOL 1R0

7. Camp Kee-Mo-Kee Archery Range

9581 Glendon Dr
Komoka ON NOL 1R0

8. Delaware Community Centre

2652 Gideon Dr
Delaware ON NOL 1E0



Online Program Registration

www.middlesexcentre.ca/rec-programs

Winter/Spring Recreation Programs

Registration opens **December 3, 2024, at 7:00 a.m.**

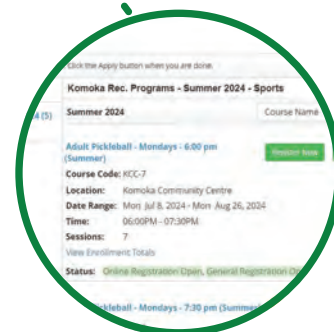
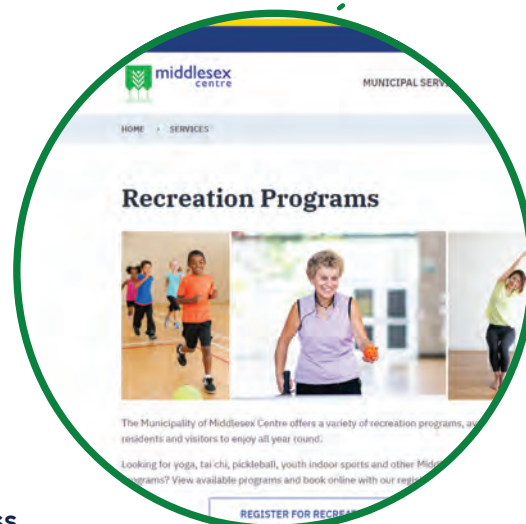
Programs start **January 6, 2025**

How to Register

- ✓ Visit www.middlesexcentre.ca.
- ✓ Hover over the "Recreation" tab, then click on "Recreation & Fitness Programs".
- ✓ Click on the "Register for Recreation Programs" button.
- ✓ Either login or create your own Univerus account.
- ✓ Once logged in, select the "Courses" tab.
- ✓ Click on a "Course Subcategory" within the "Course Category" to view offered courses.
- ✓ Click on the "View Details" button to view course details.
- ✓ Click the "Register Now" button to enroll in the course. If your account has family members added the "Participant Selection" screen will be displayed (otherwise the "Shopping Cart" screen is displayed). Select the participant name(s) from your account that you wish to enroll into the selected course and click the "Continue" button.
- ✓ To register for additional courses, click on the "Keep Shopping" button from the "Shopping Cart" screen or click the "Process Payment" button to proceed to the "Process Payment" screen to complete your registration purchase. You may have to agree to "Terms of Service" documents before proceeding to payment.
- ✓ Once you have successfully completed the payment transaction a receipt will be displayed with complete details about the course registration(s) you have made and a confirmation email will be sent to you.

Assistance Registering

- ✓ If you require assistance accessing or creating a Univerus account, please call Community Services Customer Service at 519-601-8022 ext. 5110 or email recreation@middlesexcentre.ca.



All Levels Pickleball

Join us for an exciting opportunity to play pickleball in a group setting! Those aged 18+ and all skill levels are invited to participate. Players will be grouped together for recreational games filled with fun and camaraderie. Each session lasts 1.5 hours and focuses on enjoying the sport together, with no formal instruction provided. Come join the fun on the court!

Dates	Day	Times	Sessions	Fees
Komoka Community Centre - Mondays				
Jan 6-Feb 10	Mon	6:00-7:30pm	6	\$48.00+HST
Jan 6-Feb 10	Mon	7:30-9:00pm	6	\$48.00+HST
Feb 24-Mar 24	Mon	6:00-7:30pm	5	\$40.00+HST
Feb 24-Mar 24	Mon	7:30-9:00pm	5	\$40.00+HST
Apr 7-May 26	Mon	6:00-7:30pm	6	\$48.00+HST
Apr 7-May 26	Mon	7:30-9:00pm	6	\$48.00+HST

***No sessions on Feb 17, Apr 21 & May 19**

Dates	Day	Times	Sessions	Fees
Komoka Community Centre - Wednesdays				
Jan 8-Feb 12	Wed	6:00-7:30pm	6	\$48.00+HST
Feb 19-Mar 26	Wed	6:00-7:30pm	6	\$48.00+HST
Apr 9-May 28	Wed	6:00-7:30pm	8	\$64.00+HST

Dates	Day	Times	Sessions	Fees
Komoka Community Centre - Thursdays				
Jan 9-Feb 13	Thurs	6:00-7:30pm	6	\$48.00+HST
Jan 9-Feb 13	Thurs	7:30-9:00pm	6	\$48.00+HST
Feb 20-Mar 27	Thurs	6:00-7:30pm	6	\$48.00+HST
Feb 20-Mar 27	Thurs	7:30-9:00pm	6	\$48.00+HST
Apr 10-May 29	Thurs	6:00-7:30pm	8	\$64.00+HST
Apr 10-May 29	Thurs	7:30-9:00pm	8	\$64.00+HST



Intermediate Pickleball

Elevate your game in our Intermediate Pickleball program! Designed for players aged 18+ with some experience, this competitive setting invites you to sharpen your skills and challenge yourself alongside fellow enthusiasts. Each session lasts 1.5 hours and focuses on enjoying the sport together, with no formal instruction provided. Come join the fun on the court!

Dates	Day	Times	Sessions	Fees
Komoka Community Centre - Wednesdays				
Jan 8-Feb 12	Wed	7:30-9:00pm	6	\$48.00+HST
Feb 19-Mar 26	Wed	7:30-9:00pm	6	\$48.00+HST
Apr 9-May 28	Wed	7:30-9:00pm	8	\$64.00+HST

NEW!



Youth Indoor Soccer

In partnership, the Municipality of Middlesex Centre and the Ilderton & District Soccer Club are offering Indoor Soccer Skills Development. Learn and improve your soccer skills with a focus on participation, personal bests, and sportsmanship. Instruction will cover skills and drills such as ball handling, shooting, passing, and positional play.

Dates	Day	Times	Sessions	Fees
Delaware Community Centre - Ages 6-7				
Jan 16-Mar 6	Thurs	6:00-6:45pm	8	\$64.00+HST
Delaware Community Centre - Ages 8-9				
Jan 16-Mar 6	Thurs	7:00-7:45pm	8	\$64.00+HST
Delaware Community Centre - Ages 10-14				
Jan 16-Mar 6	Thurs	8:00-9:00pm	8	\$64.00+HST

Youth Archery

Try Archery this Spring! Build confidence and have fun learning archery through simple instructions and interactive games. This six-week program is a partnership between Camp Kee-Mo-Kee and the Municipality of Middlesex Centre. Come out and enjoy.

Dates	Day	Times	Sessions	Fees
Camp Kee-Mo-Kee Archery Range - Ages 6-9				
May 13-June 17	Tue	5:00-6:00pm	6	\$84.00+HST
Camp Kee-Mo-Kee Archery Range - Ages 10-16				
May 13-June 17	Tue	6:00-7:00pm	6	\$84.00+HST
Camp Kee-Mo-Kee Archery Range - Family <i>NEW!</i>				
May 14-June 18	Wed	6:00-7:00pm	6	\$84.00+HST



Climb, Connect & Challenge

This 4-week beginner rock climbing program is designed to introduce you to the basics of rock climbing in a fun and supportive environment. Over the course of four weeks, you'll learn foundational climbing techniques, safety skills, and build strength and confidence on the wall. Whether you're completely new to climbing or have tried it once or twice, this program will help you develop the skills to climb more efficiently and safely

Dates	Day	Times	Sessions	Fees
Camp Kee-Mo-Kee <i>NEW!</i>				
May 28-June 18	Wed	6:00-7:00pm	4	\$56.00+HST



Pilates

Our program is perfect for adults of any skill level or abilities who are curious about this dynamic fitness method. Pilates focuses on strengthening core muscles, improving flexibility, and enhancing overall body alignment. Whether you're a beginner or looking to refine your technique, join us to experience the benefits firsthand. Sessions are designed to introduce you to fundamental Pilates exercises in a supportive environment. Don't miss this opportunity to explore Pilates and see how it can transform your fitness journey.

Dates	Day	Times	Sessions	Fees
Delaware Community Centre				
Jan 19-Mar 9	Sun	10:00-11:00am	9	\$72.00+HST
Mar 16-May 11	Sun	10:00-11:00am	8	\$64.00+HST
*No session on Apr 20				
Ilderton Community Centre <i>NEW!</i>				
Jan 13-Mar 24	Mon	7:00-8:00pm	8	\$64.00+HST
*No sessions on Jan 27, Feb 17 & Mar 10				

Komoka Community Centre

Jan 15-Mar 5	Wed	5:30-6:30pm	8	\$64.00+HST
Mar 19-May 7	Wed	5:30-6:30pm	8	\$64.00+HST



All Levels Yoga

This class will introduce yoga poses with breath work for a full body, mind and breathing experience. Please bring a yoga mat to class. This is an introductory class led by an instructor. Fun for everyone 18+ and all fitness levels.

Dates	Day	Times	Sessions	Fees
Bryanston Community Centre				
Jan 16-Mar 20	Thurs	6:30-7:30pm	10	\$80.00+HST
Apr 3-May 22	Thurs	6:30-7:30pm	8	\$64.00+HST

Coldstream Community Centre				
May 1-May 29	Thurs	9:00-10:00am	5	\$40.00+HST

Delaware Community Centre				
Jan 14-Mar 25	Tue	6:30-7:15pm	10	\$80.00+HST
Apr 1-May 27	Tue	6:30-7:15pm	9	\$72.00+HST
*No session on Mar 11				

Ilderton Community Centre				
Jan 13-Mar 24	Mon	5:30-6:30pm	8	\$64.00+HST
Apr 10-May 24	Thurs	10:15-11:15am	8	\$64.00+HST
*No sessions on Jan 27 & Mar 10				

Komoka Community Centre				
Jan 10-Feb 14	Fri	9:00-10:00am	6	\$48.00+HST
Feb 21-Mar 28	Fri	9:00-10:00am	6	\$48.00+HST
Apr 4-May 30	Fri	9:00-10:00am	8	\$64.00+HST

Intermediate Yoga

Join our intermediate yoga class where we explore a variety of yoga poses combined with breath work for a holistic body-mind experience. You'll engage in dynamic movements from floor to standing, tailored to enhance your practice at your own pace. Remember to bring your yoga mat. Suitable for ages 18 and up, this 45-minute session is designed for all fitness levels. Come and enjoy yoga in a welcoming and supportive environment!

Dates	Day	Times	Sessions	Fees
Delaware Community Centre				
Jan 14-Mar 25	Tue	7:30-8:15pm	10	\$80.00+HST
Apr 1-May 27	Tue	7:30-8:15pm	9	\$72.00+HST
*No session on Mar 11				



Chair Yoga

This class will introduce participants to yoga postures and breathing exercises using the support of a chair. Chair Yoga is one of the gentlest forms of yoga. This class is perfect for participants who want to experience the many benefits of yoga without having to get up and down from the floor. It is an introductory class led by an instructor, and it is fun for everyone and suitable for all fitness levels.

Dates	Day	Times	Sessions	Fees
Delaware Community Centre				
Jan 14-Mar 25	Tue	5:30-6:15pm	10	\$80.00+HST
Apr 1-May 27	Tue	5:30-6:15pm	9	\$72.00+HST
*No session on Mar 11				

Ilderton Community Centre				
Apr 10-May 29	Thurs	9:00-10:00am	8	\$64.00+HST

Komoka Community Centre				
Jan 10-Feb 14	Fri	10:15-11:15am	6	\$48.00+HST
Feb 21-Mar 28	Fri	10:15-11:15am	6	\$48.00+HST
Apr 4-May 30	Fri	10:15-11:15am	8	\$64.00+HST



Chair Fit

Chair Fit is a low-impact fitness class designed to improve strength, flexibility, and mobility while seated. Perfect for beginners or those with limited mobility, participants perform a series of seated exercises that target key muscle groups, enhance balance, and promote overall well-being. Chair Fit is for individuals age 18+, offering a safe and effective way to stay active and energized without the need to stand or lie down.

Dates	Day	Times	Sessions	Fees
Ilderton Community Centre				
Jan 9-Feb 13	Thurs	9:30-10:15am	6	\$48.00+HST
Feb 20-Mar 27	Thurs	9:30-10:15am	5	\$40.00+HST

NEW!

*No session on Mar 13

Introduction to Line Dancing

Line Dancing is fun, and everyone can do it. This beginners class is a great chance to learn some new moves on the dance floor. We dance to a variety of music and start with basic steps that are easy to follow. Line dancing is great for increased fitness and body movement, brain stimulation, memory improvement, and social interaction.

Dates	Day	Times	Sessions	Fees
Bryanston Community Centre				
Jan 6-Mar 3	Mon	10:00-11:30am	8	\$48.00+HST

*No session on Feb 17

Ilderton Community Centre				
Jan 7-Mar 4	Tue	10:00-11:30am	9	\$54.00+HST
Apr 15-May 27	Tue	10:00-11:30am	7	\$42.00+HST



Introduction to Tai Chi

The Canadian Tai Chi Academy teaches the 108-move Tai Chi set as developed by Master Moy Lin-shin. This is a Yang Style set Master Moy modified to maximize the health benefits of this ancient Chinese art. The Introduction to Tai Chi class runs 14 weeks providing students the opportunity each week to learn the movements of the Tai Chi set from an Academy instructor.

Dates	Day	Times	Sessions	Fees
Ilderton Community Centre				
Jan 9-Apr 24	Thurs	1:00-2:30pm	14	\$104.00+HST

*No sessions on Feb 27 & Mar 13

Komoka Community Centre				
Jan 6-Apr 14	Mon	1:00-2:30pm	14	\$104.00+HST

*No session on Feb 17

Foundations of Tai Chi

The Foundations of Tai Chi class is designed for individuals who have completed the Introduction to Tai Chi class and are ready for the next step. The purpose of the Foundations class is to systematically review the 108-move Tai Chi set. Throughout the class, the complete set will be practiced from start to finish at least once. With each repetition of the set, participants are expected to grow more comfortable with the sequence and enhance their understanding of the movements.

Dates	Day	Times	Sessions	Fees
Ilderton Community Centre				
Jan 9-Apr 24	Thurs	2:30-4:00pm	14	\$104.00+HST

*No sessions on Feb 27 & Mar 13

Learn to Quilt

Join our exciting Learn to Quilt program, designed for beginners to master the art of quilting in just 8 weeks! Whether you're a complete novice or looking to refine your skills, our structured classes will guide you through every step of the process. Participants are encouraged to bring their own sewing machines to personalize their quilting experience, ensuring comfort and familiarity. Discover the joy of creating beautiful quilts while learning essential techniques from our expert instructors. Unleash your creativity and join us on this inspiring journey into the world of quilting!

Dates	Day	Times	Sessions	Fees
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Ilderton Community Centre

Jan 6-Mar 24	Mon	3:00-5:00pm	9	\$90.00+HST
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***No sessions on Feb 17 & Mar 10**

Komoka Community Centre

Apr 3-May 15	Thurs	6:00-8:00pm	8	\$80.00+HST
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***No session on Feb 27**



Fraud Prevention Workshop

Learn how to protect yourself from falling victim to some of the most prevalent methods used by fraudsters. Scams are everywhere, but with the right tools and tips you can equip yourself to recognize them and prevent your hard-earned money from being taken.

This free one hour session will be facilitated by Middlesex County OPP Media Relations and Community Safety Officer, Jeffrey Hare.

Dates	Day	Times	Sessions	Fees
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Ilderton Community Centre

Feb 12	Wed	10:00-11:30am	1	FREE
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Komoka Community Centre

Mar 19	Wed	10:00-11:30am	1	FREE
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Acrylic Realism Painting

In this beginner friendly course, you will learn how to paint realistic subject matter in acrylics, while incorporating expressive elements to add visual interest and emotion. This program is taught by a local professional artist and course materials will be provided.

Dates	Day	Times	Sessions	Fees
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Ilderton Community Centre

Apr 1-May 27	Tue	1:00-2:30pm	8	\$80.00+HST
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***No session on Apr 8**

Komoka Community Centre

Apr 1-May 27	Tue	10:30-12:00pm	9	\$90.00+HST
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Elements of Visual Arts

In this beginner-friendly course taught by a local professional artist, we will explore the various elements that comprise art, including composition, perspective, value and contrast, lighting, colour theory, symbolism, and how to bring these elements together into an original artwork using sketching, painting and more.

Dates	Day	Times	Sessions	Fees
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Ilderton Community Centre

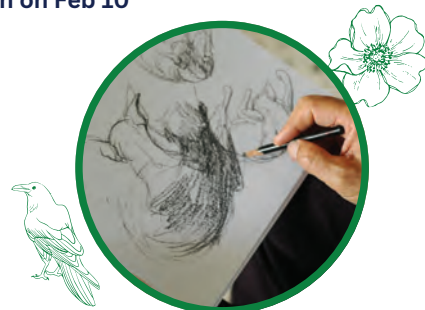
Jan 14-Mar 25	Tue	1:00-2:30pm	10	\$100.00+HST
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***No session on Mar 10**

Komoka Community Centre

Jan 14-Mar 25	Tue	10:30-12:00pm	10	\$100.00+HST
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***No session on Feb 10**





Tech-Know

The Municipality of Middlesex Centre has partnered with Fanshawe College to offer in-person technology usage courses. These courses will provide participants with essential knowledge and skills in online technology, covering everything from keeping devices safe and up-to-date to exploring various online social platforms.

Designed for individuals aged 55 and older with limited or no experience with electronic tools and online communication, the program includes four two-hour lessons on a range of technology topics. Participants are encouraged to bring their own devices to learn how to optimize their use.

Lesson 1: Stay Secure

Lesson 2: Stay Current

Lesson 3: Stay Connected

Lesson 4: Stay Social

Dates	Day	Times	Sessions	Fees
Komoka Wellness Centre				
Jan 14-Feb 4	Tue	9:30-11:30am	4	FREE
Apr 8-Apr 29	Tue	9:30-11:30am	4	FREE

Dates	Day	Times	Sessions	Fees
Ilderton Community Centre				
Jan 15-Feb 5	Wed	1:00-3:00pm	4	FREE
Apr 9-Apr 30	Wed	1:00-3:00pm	4	FREE



Crafting & Games Workshops

The Municipality of Middlesex Centre and Independent Living London & Area are thrilled to introduce a series of new crafting and games workshops in Ilderton! Each activity will take place on Mondays from **12:00-2:00pm** in the Meeting Room at the Ilderton Community Centre. Upon arrival, clear instruction will be given to help start each activity, then you will be given creative liberty to create, share, and connect. These workshops are **FREE!**

Dates	Activity
Ilderton Community Centre	
Jan 13	Snow Globe Craft
Jan 20	Hot Cocoa & Board Games
Feb 10	Valentine Themed Music Social
Feb 24	Cancer Awareness Bracelet Making
Mar 3	Women's Day Social
Mar 17	Pottery Making



Winter Afternoon Socials

The Optimist Club of Bryanston-Birr is hosting community winter afternoon drop-in socials. Coffee, tea, and snacks will be provided. Come visit with neighbors and friends, and perhaps enjoy a game.

Dates	Day	Times	Sessions	Fees
Bryanston Community Centre				
Jan 8	Wed	1:30-3:30pm	1	FREE
Jan 22	Wed	1:30-3:30pm	1	FREE
Feb 12	Wed	1:30-3:30pm	1	FREE
Feb 26	Wed	1:30-3:30pm	1	FREE
Mar 12	Wed	1:30-3:30pm	1	FREE
Mar 26	Wed	1:30-3:30pm	1	FREE

Minds in Motion

Minds in Motion® is an inclusive community-based social program designed to enhance the well-being of seniors, particularly those living with early to mid-stage Alzheimer’s disease or other forms of dementia, alongside their care partners. This engaging initiative is a collaborative effort between the Municipality of Middlesex Centre and Alzheimer’s Society Southwest Partners.

Program Highlights:

Physical Activity: Participants will enjoy moderate-intensity group exercise tailored to their abilities, promoting physical health and vitality.

Social Connection: The program fosters new friendships and support networks, connecting individuals who share similar experiences and challenges, creating a sense of community.

Fun Activities: Engage in a variety of enjoyable social activities that stimulate both the mind and body, ensuring an enriching experience for all involved.

Dates	Day	Times	Sessions	Fees
Komoka Community Centre				
Apr 1-May 20	Tue	1:00-3:00pm	8	FREE



Reducing the Risk

Over the course of three two-hour sessions, you will learn about the various dementia risk factors and the important lifestyle tips and strategies that can reduce the risk of dementia.

A wide range of brain health topics will be covered including brain exercises, healthy eating, physical activity, managing stress, and much more. It’s never too early or too late to start taking steps towards a healthier lifestyle and a brighter, more vibrant future! This program is a collaborative effort between the Municipality of Middlesex Centre and Alzheimer’s Society Southwest Partners

Dates	Day	Times	Sessions	Fees
Komoka Wellness Centre				
Mar 31-Apr 14	Mon	2:00-4:00pm	3	FREE



Sourdough Making Workshop

Join us for a delightful two-hour sourdough bread-making workshop! Whether you’re a beginner or looking to refine your skills, this hands-on session will guide you through the art of crafting your own sourdough loaf. A starter will be provided, so you can dive right in. Participants are asked to bring a large bowl and a tea towel from home. Come ready to knead, shape, and create your own dough, which you’ll take home to bake in your own oven.

Allergy Notice: Organic flour, rice flour, organic whole wheat, and mineral salt will be used in this program. Those with allergies to the ingredients listed are not permitted to participate in this workshop.

Dates	Day	Times	Sessions	Fees
Komoka Wellness Centre				
Jan 20	Mon	6:00-8:00pm	1	\$14.00+HST
Mar 24	Mon	6:00-8:00pm	1	\$14.00+HST

NEW!



Komoka Youth Centre

Come and join the fun at the Komoka Youth Centre (KYC)! This centre is run in partnership with the Middlesex Centre YMCA. KYC offers programs designed for youth aged 9 to 17. It's a place to connect with friends, have fun, and grow in new ways. Whether it's through gaming, air hockey, or specialized programs like sports drop-ins, art classes, and leadership training, the KYC is a place for youth to learn new skills and make a difference in their community.

Programs and Activities

Drop-in Sessions offer air hockey, video games, crafts and more. Depending on the day, there may be special themes or activities. Drop-in sessions are offered on Monday, Wednesdays, and Fridays from 6:00 p.m. - 9:00 p.m. The sessions are free of charge. Youth under 10 must be accompanied by a parent or guardian.

Location: Komoka Community Centre - Youth Centre Room, 133 Queen St, Komoka

The Komoka Youth Centre is made possible through a grant from the Canada Healthy Communities Initiative, funded by the Government of Canada.

Ilderton Youth Centre

The Ilderton Youth Centre, in partnership with the Boys & Girls Club (BGC) London, offers engaging drop-in and specialized programs for youth ages 9 to 17. It's a fun, safe space for young people to connect, explore new activities, and develop new skills.

Programs and Activities

Drop-in Sessions: Enjoy ping pong, air hockey, games, crafts, and more. Special themes and activities are featured throughout the week to keep things exciting.

Special Programs: Throughout the year, we offer March Break and summer camps, as well as programs like baking, volleyball, and theatre. These programs give youth a chance to try new things and build friendships.

For program details, dates, and pricing, please visit the "Hey Ilderton Youth" Facebook and Instagram pages, or go to the BGC London website at bgclondon.ca.

Location: Ilderton Arena - Youth Centre Room, 13168 Ilderton Rd, Ilderton.



Seniors Active Living Centres

Middlesex Centre is grateful to have received support from the Government of Ontario's Seniors Active Living Centre (SALC) program, which enhances recreational opportunities for older adults and seniors. Through this program, our community centres in Bryanston, Coldstream, Delaware, Ilderton, and Komoka serve as satellite locations, allowing the municipality to offer senior-focused recreational and social programs in local communities.

SALC Survey

The Municipality of Middlesex Centre is now collecting feedback from those who have participated in our programs that are supported by the Seniors Active Living Centre program. These programs include, but are not limited to Pickleball, Pilates, Yoga, Chair Yoga, Fitness Classes, Visual Arts, Quilting, Technology Usage Courses, Social Hours, and Workshops.

The survey on average takes 2 minutes to complete and all responses will remain anonymous. To participate in this survey, please visit www.middlesexcentre.ca/rec-programs or fill out a physical copy at the Customer Service Desk at the Komoka Wellness & Recreation Centre.



Sponsorship Opportunity

The Municipality of Middlesex Centre offers exciting sponsorship opportunities to support community events while gaining visibility for your business. By sponsoring a public skate or a summer outdoor movie night, you can engage with the local community and promote your brand in a fun and meaningful way.

Public Skate Sponsorship

- Cost: \$150.00 + HST per hour
- Location: Komoka Wellness Centre & Ilderton Arena

Summer Outdoor Movie Night Sponsorship

- Cost: \$450.00 + HST per movie
- Location: Various parks in Middlesex Centre

What You'll Receive as a Sponsor:

- Brand Visibility: Your name and/or business' name featured on event promotional materials, including social media posts and the Municipality's website.
- On-Site Promotion: Set up a booth to promote your products or services directly to attendees.
- Community Engagement: Support the local community while increasing awareness of your business.

These sponsorship opportunities offer a great way to connect with Middlesex Centre residents, support local events, and showcase your business in a positive, family-friendly environment. Don't miss out—to inquire about becoming a sponsor please call 519-601-8022 ext. 5110 or email recreation@middlesexcentre.ca!



Suggest a Program

We are always open to fresh ideas and suggestions on how to enhance existing programs or introduce new ones that better meet the needs of our community.

If you have a recommendation or feedback, we would love to hear from you. Please send your thoughts to recreation@middlesexcentre.ca. When recommending a program, kindly include the name of the proposed program, the target age range of participants, a description of the program, preferred dates and times (if any), any equipment requirements, and any additional information that may be helpful.

Your input is valuable in helping us create a community that is active, engaged, and well-served.



Affordable Access Program

The **Affordable Access to Recreation Program** assists residents whose financial situations limit them from participating in recreation programs offered by the Municipality of Middlesex Centre. The program provides successful applicants with a recreation program credit of \$300, which is valid for one year. You may apply for and receive the credit once per year. The program is available to Middlesex Centre residents only, and proof of eligibility is required. Application forms can be found at www.middlesexcentre.ca/rec-programs or you can request a physical copy at the Customer Service Desk at the Komoka Wellness Centre.

Public Skating

January 6, 2025 to March 31, 2025

Public Skating

For all to enjoy! Pucks, hockey sticks or equipment on the ice surface is prohibited.

\$5.00 per person; \$4.00 for those 55+.

- Komoka, Saturdays, 1:00 to 1:50pm
- Ilderton, Sundays, 12:30 to 1:20pm.

Adult & Preschool Skate

For children 6 years and under and their caregivers.

Strollers and skate aids are permitted on the ice.

Children must be accompanied by an adult (18+).

No Charge for Adult & Preschool Skate.

- Komoka, Mondays, 11:00 to 11:50am
- Ilderton, Thursdays, 11:00 to 11:50am

Adult Skate (18+)

For adults 18 years or older. Pucks, hockey sticks or equipment on the ice surface is prohibited.

\$5.00 per person; \$4.00 for those 55+.

- Komoka, Mondays & Wednesdays, 10:00 to 10:50am
- Ilderton, Tuesdays, 9:00 to 9:50am & Fridays, 10:00 to 10:50am

PA Day Public Skate – Jan 17

For all to enjoy! Pucks, hockey sticks or equipment on the ice surface is prohibited.

\$5.00 per person; \$4.00 for those 55+.

- Komoka, 1:15 to 2:05pm
- Ilderton, 1:00 to 1:50pm

Thank You Sponsors!

We are excited to offer free public skating on select dates throughout the year and on special holidays thanks to local sponsors!

To see what skates are sponsored and who sponsored them, please visit our Recreational Skating page at www.middlesexcentre.ca.

For those who may be interested in sponsoring a skate during the 2025-2026 season, please reach out to recreation@middlesexcentre.ca for more information.



Pick-Up Hockey (Shinny)

January 6, 2025 to March 31, 2025

Adult & Preschool Shinny

Provides an opportunity for parents to teach hockey skills to children 6 years old and under. No slap shots, wrist shots or any aggressive forms of play. Children must be accompanied by an adult (18+).

\$6.00 per person.

- Komoka, Wednesdays, 11:00 to 11:50am
- Ilderton, Wednesdays, 11:00 to 11:50pm

Adult & Child Shinny

Provides an opportunity for parents to teach hockey skills to children 7 – 10 years. No slap shots, wrist shots or any aggressive forms of play. Children must be accompanied by an adult (18+).

\$6.00 per person.

- Komoka, Thursdays, 4:00 to 4:50pm
- Ilderton, Fridays, 4:00 to 4:50pm

Adult Shinny

Self-organized, non-contact hockey for adults 18 years or older. Full equipment is recommended.

\$6.00 per person.

- Komoka, Wednesdays, 8:15 to 9:35am
- Ilderton, Wednesdays, 8:30-9:50am

55+ Shinny

Self-organized, non-contact hockey for adults 55 years or older. Full equipment is recommended.

\$6.00 per person.

- Komoka, Mondays, 8:15 to 9:35am

Holiday Skating Schedule

We hope you and your family will join us on the ice over the winter break!

We are closed December 25, 26, and January 1.

Remember that everyone must wear a CSA-approved helmet for all skating programs. Adults must accompany youth taking part in preschool and child shinny.

You can find more about our skating programs on our website at middlesexcentre.ca (under "Recreation") or by calling the Komoka Wellness Centre at 519-601-8022 ext. 5100.

Thank you! We'd like to extend our appreciation to all our skating sponsors.



DATE	KOMOKA WELLNESS CENTRE 1 Tunks Lane, Komoka	ILDERTON ARENA 13168 Ilderton Road, Ilderton
Sat, Dec 21	<ul style="list-style-type: none"> Free Public Skate, 1:00 – 1:50 pm, Sponsored by Komoka Family Dentistry 	<ul style="list-style-type: none"> No public skating
Sun, Dec 22	<ul style="list-style-type: none"> No public skating 	<ul style="list-style-type: none"> Free Public Skate, 12:30 – 1:20 pm, Sponsored by Bloomin Bog
Mon, Dec 23	<ul style="list-style-type: none"> 55+ Shinny, 8:15 – 9:35 am (\$6.00) Adult Skate, 10:00 – 10:50 am (\$5.00; seniors \$4.00) Adult & Preschool Skate, 11:00 – 11:50 am (FREE) Free Public Skate, 2:15 – 3:05 pm, Sponsored by Komoka-Kilworth Optimist Club 	<ul style="list-style-type: none"> Free Public Skate, 1:00 – 1:50 pm, Sponsored by Execulink Telecom
Tues, Dec 24	<ul style="list-style-type: none"> Free Public Skate, 2:15 – 3:05 pm, Sponsored by Komoka Tim Hortons 	<ul style="list-style-type: none"> Adult Skate 10:00 – 10:50 am (\$5.00 / 55+ \$4.00) Free Public Skate, 1:00 – 1:50 pm, Sponsored by Ilderton Tim Hortons
Wed, Dec 25	<ul style="list-style-type: none"> Christmas – No public skating 	<ul style="list-style-type: none"> Christmas – No public skating
Thurs, Dec 26	<ul style="list-style-type: none"> Boxing Day – No public skating 	<ul style="list-style-type: none"> Boxing Day – No public skating
Fri, Dec 27	<ul style="list-style-type: none"> Free Public Skate, 2:15 – 3:05 pm, Sponsored by Middlesex Paving & Maintenance Adult & Child Shinny, 4:00 – 4:50 pm (\$6.00) 	<ul style="list-style-type: none"> Adult Skate, 10:00 – 10:50 am (\$5.00; seniors \$4.00) Free Public Skate, 1:00 – 1:50 pm, Sponsored by Bear Creek Bins

Holiday Skating Schedule

DATE	KOMOKA WELLNESS CENTRE 1 Tunks Lane, Komoka	ILDERTON ARENA 13168 Ilderton Road, Ilderton
Sat, Dec 28	<ul style="list-style-type: none"> Free Public Skate, 1:00 – 1:50 pm, Sponsored by Komoka-Kilworth Optimist Club 	<ul style="list-style-type: none"> Free Public Skate, 1:00 – 1:50 pm, Sponsored by the Ilderton Lions
Sun, Dec 29	<ul style="list-style-type: none"> No public skating 	<ul style="list-style-type: none"> Free Public Skate, 12:30 – 1:20 pm, Sponsored by Bloomin Bog
Mon, Dec 30	<ul style="list-style-type: none"> 55+ Shinny, 8:15 – 9:35 am (\$6.00) Adult Skate, 10:00 – 10:50 am (\$5.00; seniors \$4.00) Adult & Preschool Skate, 11:00 – 11:50 am (FREE) Free Public Skate, 2:15 – 3:05 pm, Sponsored by Gateway Church 	<ul style="list-style-type: none"> Free Public Skate, 1:00 – 1:50 pm, Sponsored by Western Driving School
Tues, Dec 31	<ul style="list-style-type: none"> Free Public Skate, 2:15 – 3:05 pm, Sponsored by Komoka Tim Hortons 	<ul style="list-style-type: none"> Adult Skate 10:00 – 10:50 am (\$5.00 / 55+ \$4.00) Free Public Skate, 1:00 – 1:50 pm, Sponsored by Ilderton Tim Hortons
Wed, Jan 1	<ul style="list-style-type: none"> New Year's Day – No public skating 	<ul style="list-style-type: none"> New Year's Day – No public skating
Thurs, Jan 2	<ul style="list-style-type: none"> Free Public Skate, 2:15 – 3:05 pm, Sponsored by Community Employment Choices 	<ul style="list-style-type: none"> Adult & Preschool Skate, 11:00 – 11:50 am (FREE) Free Public Skate, 1:00 – 1:50 pm, Sponsored by Easy Way
Fri, Jan 3	<ul style="list-style-type: none"> Free Public Skate, 2:15 – 3:05 pm, Sponsored by Middlesex Paving & Maintenance Adult & Child Shinny, 4:00 – 4:50 pm (\$6.00) 	<ul style="list-style-type: none"> Adult Skate, 10:00 – 10:50 am (\$5.00; seniors \$4.00) Free Public Skate, 1:00 – 1:50 pm, Sponsored by Ilderton & Area Business Association
Sat, Jan 4	<ul style="list-style-type: none"> Free Public Skate, 1:00 – 1:50 pm, Sponsored by Gateway Church 	<ul style="list-style-type: none"> No public skating
Sun, Jan 5	<ul style="list-style-type: none"> No public skating 	<ul style="list-style-type: none"> Free Public Skate, 12:30-1:20 pm, Sponsored by Bryanston-Birr Optimist Club